

THE 14TH ANNUAL CABO MEETING

State of Spine Surgery Think Tank

HYATT ZIVA



LOS CABOS, MEXICO



JUNE 15-17, 2017



Frank Phillips, MD
Rush University,
Chicago, IL

CHAIRMAN



Todd Albert, MD
Hospital for Special Surgery,
New York, NY

CO-CHAIRMAN



**Alex Vaccaro,
MD, PhD**
Rothman Institute,
Philadelphia, PA

CO-CHAIRMAN



Hyun Bae, MD
The Spine Institute,
Los Angeles, CA

PROGRAM DIR.



Greg Mundis, MD
San Diego Center
for Spinal Disorders,
San Diego, CA

PROGRAM DIR.



“One of my favorite meetings due to its small size facilitating camaraderie in a beautiful, relaxed setting”
—Richard Guyer, MD

DEAR COLLEAGUES:

You're invited to a spine surgery meeting like no other. *The State of Spine Surgery Think Tank* (aka *The Cabo Meeting*) is **not** your typical “lectures and exhibits meeting,” in fact it is refreshingly different:

- The program is light on lectures, and heavy on lively discussion. It's your chance to ask the questions that you care about, and to present your own insights.
- The topics focus on the here and now. How can you adapt to changes in healthcare? Which new technologies and techniques merit your attention? What tips can further improve your outcomes?
- The meeting creates remarkable camaraderie among all participants, including surgeons, and leaders from device companies and healthcare systems.

Combine all of the above with the exceptional Hyatt Ziva Resort, and we're confident that Cabo '17 will be outstanding. We hope that you'll plan to join us.

Best regards,

Frank Phillips, MD
MEETING CHAIRMAN

Todd Albert, MD
MEETING CO-CHAIR

Alex Vaccaro, MD, PhD
MEETING CO-CHAIR

MEETING CHAIRMAN

Frank Phillips, MD

MEETING CO-CHAIRMEN

Todd Albert, MD

Alexander Vaccaro, MD, PhD

PROGRAM DIRECTORS

Hyun Bae, MD

Greg Mundis, MD

“This meeting is by far the best meeting allowing industry and surgeons to come together and discuss best solutions for our patients”

—Hyun Bae, MD

CORE FACULTY

Jean-Jacques Abitbol, MD

R. Todd Allen, MD

Ali Araghi, MD

Sigurd Berven, MD

Thomas Cha, MD

Matt Colman, MD

Gurvinder S. Deol, MD

Walter Eisner

Richard G. Fessler, MD

Jeffrey A. Goldstein, MD

Richard Guyer, MD

Stephen H.

Hochschuler, MD

Safdar N. Khan, MD

Stephen Klasko

Mark F. Kurd, MD

Isaac L. Moss, MD

Luiz Pimenta, MD

Kris E. Radcliff, MD

Harvinder S. Sandhu, MD

Rick C. Sasso, MD

Kern Singh, MD

Bronwyn Spira, PT

William Taylor, MD

Juan Uribe, MD

Chris Vannello, MD

Jack Zigler, MD

**Additional faculty to be added prior to the meeting. Faculty subject to change.*

THURSDAY, JUNE 15, 2017

7:00 AM Registration, continental breakfast, exhibits

7:30 Welcome

7:35 **Session 1: The Future of Spine Surgery**

Panel discussion: The changing healthcare environment and how it will re-shape spine care

9:00 **Session 2: Safety in Spine Surgery**

- Why does safety really matter to all stakeholders?
- Predicting complications and frailty: when to say no
- How to reduce risks of SSI
- Neurologic injuries; avoidance and prompt response
- How to transition to MIS in a safe manner
- How to adopt new technology in a safe manner

10:15 Refreshment break

10:30 **Session 3: Debate: L4/5 Spondylolistheses with Stenosis**

- Introductory case
- Inter-Laminar approaches
- MIS TLIF
- LLIF with indirect decompression

Debate: Cervical Spondylosis: Two-level Disease

- Introductory case
- ACDF remains the most predictable option
- Two-level TDR
- Role for hybrid constructs
- Economics of anterior cervical reconstruction

Degenerative Deformity

- When is DDD really deformity?
- What are the indications for a "small surgery" in the setting of a real spinal deformity?
- Is anterior surgery for deformity making a comeback?
- Fusion selection in degenerative scoliosis

12:05 PM Lunch

12:45 **Session 4: Reversing the Tide of Payer Power**

- What's transpiring now? Perspectives from payers, providers and device companies
- What's the path forward? Perspectives of all stakeholders
- ACA II: Payer oversight, transparency, accountability and payer code of conduct

Stem Cells in Spine Surgery

- Stem cells: A basic science primer for the clinician
- Role treatment of DDD
- Role in fusion

2:25 Refreshment break

Debate: Degenerative Scoliosis

- The degenerative surgeon thinks it's just DDD because they don't want to do all the "academic" measurements
- The deformity surgeon thinks it's a spinal deformity so all they have to say is T10-pelvis instead of actually having to diagnose the patient

Navigation, Robotics and Radiation Reduction

- Does intra-operative navigation matter? Accuracy, efficiency and radiation.
- Is robotic spinal surgery more than a marketing ploy?

3:35 Adjourn

6:15 **Beach Reception**

"An outstanding "Think-Tank" with candid, authentic information helping point to the future"

—Stephen Hochschuler, MD



Program schedule, content, and faculty subject to change

PROGRAM

FRIDAY, JUNE 16, 2017

7:00 AM Continental breakfast and exhibits

7:30 Welcome

7:35 **Session 6: Delivering Value in Care Coordination in Spine**

- What is value and how is it defined? Where is American healthcare heading?
- How can physicians provide value in spinal care?
- What tools / technologies are necessary to deliver value based healthcare?
- Panel Discussion: So what does it all mean for spine surgeons now and in next 5 years?

8:25 **Session 7: Minimally Invasive Spine Surgery**

- Do outcomes suggest MIS is the standard for degenerative spinal pathologies?
- MIS in a bundled payment environment
- When, Why, and What's the Evidence?
 - Lateral Trans-psoas
 - Lateral Pre-psoas
 - Mini-ALIF

MIS Complications Avoidance and Surgical Tips

- MIS TLIF for grade 2 spondylolisthesis
- MIS anterior column release

Debate: Neuromonitoring

- Intraoperative neuromonitoring is absolutely essential in lateral surgery
- Intraoperative neuromonitoring is overrated, costly and gives false sense of protection

10:20 Refreshment break

10:40 Does the patient experience matter?

Session 8: Proximal Junctional Kyphosis

- Where are we with PJK classification?
- Mechanisms of proximal junctional failure
- Prevention strategies of PJK (incl. use of tethers, cement augmentation, minimally invasive posterior fix.)

New Technology Updates and Discussions

- Including diagnostics, biologics, and devices

12:15 PM Adjourn

SATURDAY, JUNE 17, 2017

7:00 AM Continental breakfast and exhibits

7:30 Welcome

7:35 **Session 9: Spine Practice in the Future**

- The changing landscape of ASCs: Cash cow or troubled venture for surgeons?
- What ancillaries make sense?

7:35 **Session 9: Spine Practice in the Future, Continued**

- What is a spine bundle going to look like and how can I prepare?
- Are out of network contracting and policies coming to an end?

8:25 **Session 10: Bone Growth Options**

- Nanosurface technology is revolutionary and should put an end to smooth cages and BMP
- Porous ingrowth implants allow for better fixation/fusion. Nanotech just scratches the surface

Debate: The Value of Spinal Deformity Surgery

- Deformity surgery is too costly to be cost effective
- Deformity surgery is cost efficient with demonstrated health benefits

New Technology Updates and Discussions

- Including diagnostics, biologics, and devices

10:00 Refreshment break

10:15 **Session 11: Free Papers**

11:30 Meeting Adjourns

11:45 AM-2:30 PM **Special Session: The Young Surgeons Forum (Optional)**

HOTEL

HYATT ZIVA LOS CABOS

Paseo Malecón Sn Lote 5
Zona Hotelera,
San Jose del Cabo, Mexico, 23405
<https://loscabos.ziva.hyatt.com>

Features:

- All-inclusive room rates (see information below on what is included)
- Contemporary accommodations, many featuring stunning ocean views
- Seven dining options and six bars and lounges
- A two-story *Zen Spa* with indoor and outdoor treatment rooms
- Multiple pools, including an infinity ocean-view pool and tranquil adults-only pool



All-inclusive Room Rate Includes:

- Breakfast, lunch, dinner, room service and snacks
- Alcoholic and non-alcoholic drinks, bottled water, specialty coffees and teas at all of the Hyatt's food and beverage outlets during their regular hours of operation
- Gratuities and all applicable taxes
- Basic WI-FI in public areas and guestrooms
- Non-motorized water sports
- Mini bar drinks
- Exercise facilities, daytime tennis courts, table games, scheduled stage shows and mini club activities

HOTEL RESERVATIONS: Book by **May 13th** to receive the discounted rates!

• Room rates*:

- \$382 Single USD per night (1 adult, all-inclusive rate; includes tax)
- \$478 Double USD per night (2 adults, all-inclusive rate; includes tax)
- 3rd person in room: \$143 USD per night
- Each child (age 2-12) in room: \$95 USD per night

- **Room rates:** The hotel limits occupancy per room to 4 people: Up to 3 adults and 1 child or 2 adults and 2 children. Children 2 years and under do not apply.

To book online: <https://aws.passkey.com/go/SPT>

To book by phone:

011 52 624-163-7730 ext. 4115

Hours of Operation: Monday–Friday: 8AM–6PM, Saturday: 9AM–2PM (MST)

State that you are attending the **"State of Spine Surgery Meeting"** to receive the special room rates.

For questions, contact:

Mariana Lopez, mariana.lopez@hyatt.com

*Important—VAT Rebate Incentive

Individual attendees are eligible for the 0% VAT incentive offered by the Mexican government (the estimated VAT will be between 12–15%). If you follow the instructions below your room tax will be refunded to you within 60 days of the meeting. To receive the tax rebate, ensure you meet the following requirements:

- Present your passport and immigration card to the Hyatt Ziva front desk at check-in.
- Complete and sign the hotel registration card given to you upon check-in.
- Please note the following: Only foreign participants are eligible; incentive is not applied to any accompanying family member. You will receive all the details about this incentive in your registration confirmation letter.

REGISTRATION

Register early as the limited space will fill very rapidly!

**Fast, Easy and Secure Online Registration:
www.RegOnline.com/CaboMeeting2017**

Surgeons	\$495
Allied Health	\$295
Corporate please contact Christy Gill at CGill@Broad-water.com or call 630-681-1040 ext. 302 for exhibit and registration information.	
Late Registration Fee (after May 12)	\$50

- Registration fee includes all scientific sessions, meeting materials, and related social events.

"This meeting targets the medical 'elephants in the room' with open discussion and debates that follow"

—Gregory M. Mundis, Jr., MD

TRAVEL GRANTS FOR YOUNG SURGEONS*, FELLOWS, AND SENIOR RESIDENTS

A limited number of grants towards registration, travel and hotel costs are available. For requirements and information on how to apply, please email Christy Gill at CGill@Broad-Water.com *Applications should be received by February 25th.*

To apply please the following to Christy Gill at **CGill@BroadWater.com**

- Copy of your CV
- Institution name and location
- Current year of training

** Young Surgeons are less than 10 years into their career.*

Refunds

A full refund will be provided, less a \$150 administrative fee, dependent upon written notice being received by May 12, 2017. Refunds will not be made after this date. Substitutions are allowed at any time but must be submitted in writing.

If registrant(s) are unable to attend the meeting due to weather delays, strikes, Acts of God, civil disturbance, or other reasons not directly controlled by the meeting organizers, registration fees, airline, hotel and other costs incurred by the registrant(s) will not be refunded.

Attendance

The course chairmen reserve the right to refuse admission to anyone whose presence is considered to be incompatible with course objectives.

Course Cancellation

In the unlikely event of insufficient enrollment, we reserve the right to cancel the course 21 days prior. Registrants will be notified by certified mail and registration fees will be refunded. Airline and other costs incurred by the registrant are the responsibility of the registrant and will not be refunded.

QUESTIONS

Please contact BroadWater at (630) 681-1040
CGill@Broad-Water.com



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