5TH ANNUAL

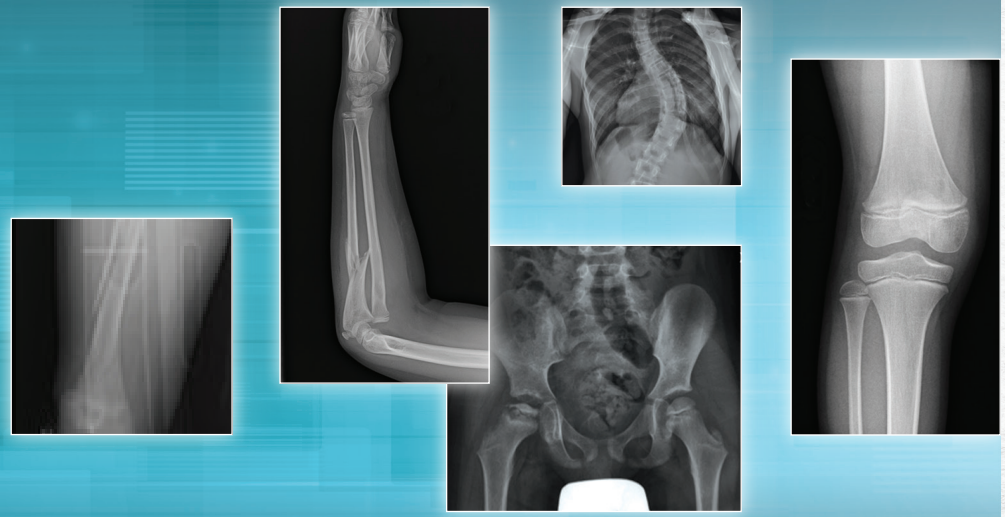
Pediatric Orthopedic SURGICAL TECHNIQUES LAB

CHAIRS

- Christine Ho, MD
- Derek Kelly, MD
- Jeffrey Sawyer, MD

LOCATION

The Westin Memphis
Beale Street &
MERI Lab
Memphis, TN



JOINTLY PROVIDED BY:

MEDICAL EDUCATION RESOURCES

BROADWATER LLC

COVID-19 Risk Free Registration—
see page 6 for details

SEPTEMBER

18–19, 2020

FOR SENIOR RESIDENTS, FELLOWS, *and* **EARLY CAREER SURGEONS**

COMPREHENSIVE:

- 10 hours of Hands-on Cadaveric Labs
- Trauma, Deformity, Infection, Sports
- Upper Extremities
- Lower Extremities
- Spine
- Hip

ENDORSED BY:

POSNA
PEDIATRIC ORTHOPAEDIC SOCIETY OF NORTH AMERICA

Dear Colleague:

Pediatric orthopedic surgery is complex and challenging, especially in the early stages of your career. That is why we created The Pediatric Orthopedic Surgical Techniques Lab. It's an intensive two-day cadaveric lab, designed to enhance your surgical skills. Participants can expect:

- A limited number of attendees to ensure social distancing. Three attendees per lab station will be permitted
- **10 hours of cadaveric, hands-on labs** covering key surgical techniques, including arthroscopy
- Insightful lectures on indications and rationale for specific surgical techniques
- Topics covering upper extremities, spine, hip and lower extremities, including trauma, deformity and sports
- Sessions taught by outstanding US and international faculty

The course has sold out each year it has been offered. We highly recommend that you register early to secure your spot.

Please review this brochure and register today! We hope to see you in Memphis this fall.

Best regards,

Christine Ho, MD; Derek Kelly, MD; and Jeffrey Sawyer, MD
COURSE CHAIRS

This activity is supported by an educational grant from The OrthoPediatrics Foundation for Education & Research.

RISK-FREE REGISTRATION

We recognize that COVID-19 increases the risk that the meeting may be cancelled, or registrant's travel may be restricted. Registration fees will be refunded in full in such circumstances. We recommend that you don't delay registering due to such concerns. *(See page 6 for full refund policy).*

chairs

Christine Ho, MD
Texas Scottish Rite Hospital for Children
DALLAS, TX

Derek Kelly, MD
Campbell Clinic
GERMANTOWN, TN

Jeffrey Sawyer, MD
Campbell Clinic
GERMANTOWN, TN

faculty

Jennifer Beck, MD
UCLA
LOS ANGELES, CA

Eric Edmonds, MD
Rady Children's Hospital
SAN DIEGO, CA

Nick Fletcher, MD
Emory Orthopaedics and Spine Center
ATLANTA, GA

Martin Herman, MD, PhD
Drexel University College of Medicine
PHILADELPHIA, PA

Fergal Monsell, PhD, FRCS (Orth)
Royal Hospital for Children
BRISTOL, UK

Reid Nichols, MD
Nemours/Alfred I. duPont Hospital for Children
WILMINGTON, DE

Eduardo Novais, MD
Boston Children's Hospital
BOSTON, MA

Todd Ritzman, MD
Akron Children's Hospital
AKRON, OH

Matt Schmitz, MD
San Antonio Military Medical Center
SAN ANTONIO, TX

Faculty subject to change

who should attend

Pediatric orthopedic surgery senior residents, fellows, and early career stage surgeons.

course objectives

As a result of this activity, participants should be better able to:

Describe the indications and rationale for the surgical management of various pediatric orthopedic trauma, deformity and sports injury disorders.

Demonstrate familiarity with the surgical techniques used to manage various pediatric orthopedic trauma, deformity, and sports injury disorders.

PHYSICIAN ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Medical Education Resources and BroadWater. Medical Education Resources is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Medical Education Resources designates this live activity for a maximum of *15.0 AMA PRA Category 1 Credits™.* Physicians should only claim credit commensurate with the extent of their participation in the activity.

JOINT PROVIDERSHIP

This program is jointly provided by Medical Education Resources, Inc. and BroadWater, LLC.

program

FRIDAY
SEPTEMBER
18

6:45 AM	Shuttle Departures from The Westin Memphis to MERI Lab
7:15	Registration and Continental Breakfast
7:45	Welcome

7:50 SESSION 1: Upper Extremities—Trauma

- Supracondylar Humerus Fracture
- Lateral Condyle Fracture
- Medial Epicondyle Fracture
- Flexible Nail Forearm
- General Discussion & Cases

10:00 Refreshment Break

10:20 LAB #1: Upper Extremities—Trauma

- Supracondylar Pinning with "Blind Medial Pin" and Open Approach
- Supracondylar ORIF—Anterior Approach
- Lateral Condyle Approach and Pinning vs. Screw Fixation
- Medial Epicondyle Reduction and Pinning
- Forearm Nailing

12:30 PM Lunch with Career Development Faculty Panel

1:15 SESSION 2: Hip and Lower Extremity—Infection and Trauma

- Septic Hip Arthrotomy
- Femoral Fractures (Proximal / Shaft)
- Tibia Fractures (Shaft / Transitional Fractures)
- Open Pediatric Trauma
- Lower Extremity Cases and Discussion

2:35 Refreshment Break

3:00 LAB #2: Hip and Lower Extremity

- Anterior Approach for Hip Drainage
- Direct Lateral Approach (Locking Plate / Blade Plate and Proximal Femoral Osteotomy)
- Femoral Bridge Plating or Elastic Nails
- Tibial Flexible Nail
- Ankle Approaches (Tri-plane / Tillaux)

5:15 Adjourn, Shuttles to The Westin Memphis

program

SATURDAY
SEPTEMBER
19

CHOOSE YOUR OWN TRACK.

6:45 AM	Shuttle Departures from The Westin Memphis to MERI Lab
7:15	Continental Breakfast
7:25	Welcome

7:30 SESSION 3: Hip Osteotomies / Deformity / Foot

- Deformity Analysis
- Hip Osteotomies
- SCFE / Hip Dislocation
- Clubfoot
- Clubfoot Surgical Video

9:05 Refreshment Break

LAB #3: Hip Osteotomies / Deformity / Foot (Simultaneous Session)

Participants attend either Lab 3A or 3B depending on their preference

9:20 **3A: PAO Hip**
- PAO Demo Video
- Hands-on PAO technique

9:20 **3B: Pediatric Orthopedic Foundations**

Cadaveric Hands-on:
- Tibialis Anterior Tendon Transfer
- Tibial Osteotomy
- Posterior Medial Clubfoot Release

Sawbone Hands-on:
- Club Foot Casting
- Pelvic Osteotomies on Baby

11:30 Lunch

Program subject to change. Labs will only utilize adult cadavers.

12:00 PM SESSION 4A: Sports—Knee (Simultaneous Session)

Participants attend either Lab 4A or 4B depending on their preference

- Principles of Pediatric Sports Surgery: "Kids Aren't Small Adults"
- Pediatric Knee Injuries (Discoid Meniscus, Meniscus Tears, OCD)
- Patella Femoral Realignment
- Pediatric ACL and Tibial Spine

1:15 LAB #4A: Sports—Knee

- ACL Techniques
- MPFL Reconstruction
- Meniscal Tears / Discoid

12:00 SESSION 4B: Spine (Simultaneous Session)

- Pedicle Screws, Sacral & Pelvic Fixation
- Osteotomy Types (SP, PSO, VCR)
- Correction Strategies for AIS (Derotation, Reduction, etc.)
- Growth-friendly Surgery

1:15 LAB #4B: Spine

Intermediate:
- Facetectomy
- Pedicle Screws (Thoracic, Lumbar)
- Correction Techniques for AIS (Derotation, Reduction, etc.)
- Pelvic Fixation

Advanced:
- Osteotomies (Ponte, Smith Peterson, Pedicle Subtraction, VCR)
- "Traditional" Growing Rod

3:15	Adjourn
3:30	Shuttles to The Westin Memphis and Memphis Airport

general information

REGISTRATION FEES

Surgeons: $745

Senior Residents & Fellows: $645

Registration includes meals, course materials, and sessions on Friday & Saturday.

REGISTRATION

Register early as the space will fill rapidly. Individuals who register after the course is full will be placed on a wait list and contacted if space becomes available.

RISK-FREE REGISTRATION

The meeting organizers recognize that COVID-19 might result in the cancellation of the meeting, and / or restrictions on individual registrant's ability to travel. The meeting will issue a full refund of registration fees if the meeting is cancelled, or prevents an individual's travel, due to the COVID-19 virus. The meeting will not be able to refund for airline tickets or hotel reservations under any circumstance.

For non-COVID cancellations, a full refund will be provided, less a $150 administrative fee, dependent upon written notice being received by **August 30, 2020** by email to cgill@broad-water.com. Refunds will not be made after this date. Substitutions are allowed at any time but must be submitted in writing.

ATTENDANCE

The course chairmen reserve the right to refuse admission to anyone whose presence is considered to be incompatible with the course objectives.

FAST, EASY & SECURE REGISTRATION ONLINE AT

www.broad-water.com/post2020

TRAVEL GRANTS FOR SENIOR RESIDENTS AND FELLOWS

A small number of grants of up to $650 for travel expenses are available for senior residents and fellows who plan to attend this program.

Send your CV to Christy Gill (cgill@broad-water.com) to apply.

CVs must be received by July 20, 2020 for consideration.

COMMERCIAL SUPPORT

Various medical companies have been invited to exhibit at this course. Full disclosure of financial and other support will be disclosed in the course syllabus materials.

DISCLOSURE POLICY

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all of its educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

hotel / lab facility

HOTEL

The course hotel is:

The Westin Memphis Beale Street

170 Lt. George W. Lee Avenue
Memphis, TN 38103
Tel: 901-334-5900

Room Rate

$215.00 (plus tax) for single or double occupancy

Reservations Procedure

Please call **800-937-8461** and ask to book a room in the **BroadWater block** to receive the contracted group rate.

Or book online at www.broad-water.com/post2020
Click on "Hotel Reservations"

Deadline

It is recommended that participants book their hotel rooms as soon as possible, as space will fill rapidly. Reservations at the group rate may not be available after **August 26, 2020** or if the room block is full.

LAB FACILITY

The lectures and lab sessions will take place at:

The Medical Education & Research Institute (MERI)

44 South Cleveland
Memphis, TN 38104

All labs will utilize only adult cadavers.

Shuttle transportation will be provided between The Westin Memphis Beale Street and MERI at the beginning and end of each day of the course.

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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"Lectures—tips and tricks are exceedingly valuable"

—2019 ATTENDEE

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